

Healthy Youth Act



An Act Relative to Healthy Youth || SD. 2178, HD. 3454
Sponsored by Senator Sal N. DiDomenico, Rep. James J. O'Day, and Rep Vanna Howard

Youth deserve comprehensive health education...

The **Healthy Youth Act**, will give Massachusetts students the foundation they need and deserve to lead healthy lives. The legislation will:

- Require schools that offer sex ed to use **medically accurate, age-appropriate** information.
- Focus on building **healthy relationships** and discuss **consent and boundaries**.
- Ensure that material is **inclusive of LGBTQIA+ identities and experiences**.

because consent-focused education creates safer futures for us all.

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"Comprehensive sex-ed means anyone and everyone is taught enough to be prepared for healthy relationships."
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Sawyer Keegan,
MA high school student

By learning to identify indicators of healthy versus unhealthy relationships, **comprehensive sex education curricula provides students with the skills to build healthy, safe, and consensual relationships.**



According to the MA Youth Risk Behavior Survey (2019):

- **10%** of high school students experienced **sexual contact against their will**
- **6.9%** of high school students experienced **physical dating violence in the past year (17.7% for lesbian, gay, and bisexual identifying youth)**

According to the MA Youth Risk Behavior Survey (2017):

- **20.5%** of high school students had **their activity monitored by someone they were dating**

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DATA SOURCES

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https://www.cdc.gov/nchhstp/stateprofiles/pdf/massachusetts_profile.pdf.

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Kosciw, J. G., Clark, C. M., Truong, N. L., & Zongrone, A. D. (2020). The 2019 National School Climate Survey: The experiences of lesbian, gay, bisexual, transgender, and queer youth in our nation's schools. New York: GLSEN.

Planned Parenthood. "The Healthy Youth Act".

<https://www.plannedparenthoodaction.org/planned-parenthood-advocacy-fund-massachusetts-inc/issues/healthy-youth-act>

The Healthy Youth Act Coalition



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Planned Parenthood
League of Massachusetts

MASSACHUSETTS CHAPTER